**PE Curriculum Progression KS1**

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| **CYCLE A** | LCC Question | **How could you be the next Simone Biles?** | **What birds and plants would Little Red Riding Hood find in our park?** | **Why can’t a meerkat live at the South Pole?** | **Why do we love to be beside the seaside?** | **Why were Christopher Columbus and Neil Armstrong brave people?** | **Who were the Wright brothers?** |
| Knowledge | **Games*** Rules and tactics to simple games.

**Gymnastics*** How to move and balance.
* How to combine movements.
 | **Games*** Rules and tactics to simple games..

**Dance*** How to combine movements
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| Skills | * I can move in a variety of ways.
* I can follow the rules of a game.
* I can be active in a game.
* I can control a ball with my hands and feet.
* I can control a ball with equipment.
* I can perform sequence of simple movements and balances.
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| Vocabulary | **Games*** rule
* run
* jump
* throw
* catch
* attack/defend
* teamwork

**Gymnastics*** forwards
* backwards
* sideways
* roll
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| **CYCLE B** | LCC Question | **What would an alien think about earth?** | **Why humans not like tigers?** | **What would …… find exciting about our town?** | **Where did the wheels on the bus go?** | **Who was to blame for the Great Fire of London?** | **What would our grandparents have played with?** |
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